Meet Our Spine Pain Specialists — Over 40 Years of Combined Experience

Awarded Physicians of Excellence by Orange County Medical Association

Afshin Shabanie, M.D. and Armen Chalian, M.D. Co-Directors

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EFFECTIVE, PERSONAL TREATMENT FOR YOUR PAIN

Chronic neck and back pain management can be one of the most challenging conditions for patients to endure, but our award-winning Spine Pain Management team is always up for the challenge. They understand that for many patients, pain can be more than just pain – it interferes with your lifestyle and creates a whole range of challenges in your personal, professional and family life.

That’s why it’s important to get expert help—now.

You can expect a personalized plan designed to effectively target your chronic neck and back pain at the source. The Spine Pain Management team, Dr. Armen Chalian and Dr. Afshin Shabanie, have over 40 years of combined experience with advanced chronic pain management techniques to reduce, or even eliminate, your pain.

CONDITIONS WE TREAT

- Neck and back pain
- Disc herniation
- Sciatica
- Acute lumbar strain
- Scoliosis
- Recurrent pain after spine surgery

OUTPATIENT TREATMENTS WE OFFER

- Cervical and lumbar epidural steroid injections
- Cervical and lumbar facet joint steroid injections
- Occipital nerve blocks for headache
- Radiofrequency ablation for cervical and lumbar pain chronic pain
- Sacroiliac joint steroid injections
- Spinal cord stimulator trials
- Use of fluoroscopy and ultrasound guidance for pinpoint precision
- Trigger point myofascial pain injections
- Ilioinguinal nerve blocks for post-hernia surgery pain
- Stellate ganglion cervical sympathetic nerve blocks
- Lumbar sympathetic nerve blocks
- Hip, knee, and shoulder injections
- Advice on rehab exercises and referrals
- Inpatient pain services for children
- Cooled radiofrequency ablation for knee pain

MAKE AN APPOINTMENT TODAY
Call: (714) 619-5383

Our outpatient Spine Pain Management Team was recently awarded 5-Star Status for Excellence from St. Joseph Hospital, based on answers to patient satisfaction surveys.